January Pool Schedule

Monday-Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Times					1st	2nd	3rd
5:30-7:40am	1.1		Fitness			Lap Swim	
7:50-8:35am	里		Citatos		Closed	11:30am-12:55pm	
8:45-9:25am						Open Swim	Open Swim
9:35-11:30am	a		7/4		Happy	1:00-4:00pm	1:00-4:00pm
4:00-6:00pm		Fun	9-9,0		New Year!	Lap Swim	
6:05-8:30pm						4:00-4:55pm	Lap Swim
6:20-7:00pm	Knoxvill	le Recreation	i Center		Open Swim	4:00-4:55pm	
7:10-8:30pm					5-6:30pm		
	4th	5th	6th	7th	8th	9th	10th
5:30-7:40am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
7:50-8:35am	Silver Splash	Total Body Aqua	Blazin Buoys	Total Body Aqua	Silver Splash	11:30am-12:55pm	
8:45-9:25am	Deep Waves	Aqua Yoga	Deep Travel	Aqua Pilates	Deep Waves	Open Swim	Open Swim
9:35-11:30am	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	1:00-4:00pm	1:00-4:00pm
4:00-6:00pm	Swim Team	Lap Swim	Swim Team	Lap Swim	Swim Team	Lap Swim	
6:05-8:30pm		Open Swim		Open Swim		4:00-4:55pm	Lap Swim
6:20-7:00pm	Aqua Zumba		Aqua Pumped		S'wet Effect	Open Swim	4:00-4:55pm
7:10-8:30pm	Open Swim		Open Swim		Open Swim	5-6:30pm	
	11th	12th	13th	14th	15th	16th	17th
5:30-7:40am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
7:50-8:35am	Silver Splash	Total Body Aqua	Blazin Buoys	Total Body Aqua	Silver Splash	11:30am-12:55pm	
8:45-9:25am	Deep Waves	Aqua Yoga	Deep Travel	Aqua Pilates	Deep Waves	Open Swim	Open Swim
9:35-11:30am	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	1:00-4:00pm	1:00-4:00pm
4:00-6:00pm	Swim Team	Lap Swim	Swim Team	Lap Swim	Swim Team	Lap Swim	
6:05-8:30pm		Open Swim		Open Swim		4:00-4:55pm	Lap Swim
6:20-7:00pm	Aqua Zumba		Aqua Pumped		S'wet Effect	Open Swim	4:00-4:55pm
7:10-8:30pm	Open Swim		Open Swim		Open Swim	5-6:30pm	

	18th	19th	20th	21st	22nd	23rd	24th
5:30-7:40am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Swim Meet	
7:50-8:35am	Silver Splash	Total Body Aqua	Blazin Buoys	Total Body Aqua	Silver Splash	8am-1pm	
8:45-9:25am	Deep Waves	Aqua Yoga	Deep Travel	Aqua Pilates	Deep Waves	Open Swim	Open Swim
9:35-11:30am	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	1:00-4:00pm	1:00-4:00pm
4:00-6:00pm	Swim Team	Lap Swim	Swim Team	Lap Swim	Swim Team	Lap Swim	
6:05-8:30pm		Open Swim		Open Swim		4:00-4:55pm	Lap Swim
6:20-7:00pm	Aqua Zumba		Aqua Pumped		S'wet Effect	Open Swim	4:00-4:55pm
7:10-8:30pm	Open Swim		Open Swim		Open Swim	5-6:30pm	
	25th	26th	27th	28th	29th	30th	31st
5:30-7:40am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
7:50-8:35am	Silver Splash	Total Body Aqua	Blazin Buoys	Total Body Aqua	Silver Splash	11:30am-12:55pm	
8:45-9:25am	Deep Waves	Aqua Yoga	Deep Travel	Aqua Pilates	Deep Waves	Open Swim	Open Swim
9:35-11:30am	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	1:00-4:00pm	1:00-4:00pm
4:00-6:00pm	Swim Team	Lap Swim	Swim Team	Lap Swim	Swim Team	Lap Swim	
6:05-8:30pm		Open Swim		Open Swim		4:00-4:55pm	Lap Swim
6:20-7:00pm	Aqua Zumba		Aqua Pumped		S'wet Effect	Open Swim	4:00-4:55pm
7:10-8:30pm	Open Swim		Open Swim		Open Swim	5-6:30pm	

Center Hours:

Mon-Fri 5am-9pm Sat 7am-7pm Sun 1pm-5pm

Closed New Years Day

800 South Park Lane - Knoxville, IA - (641)828-0580

